

Event	Primary Girls	Primary Boys	Bantam Girls	Bantam Boys	Midget Girls	Midget Boys	Youth Girls	Youth Boys	Intermediate Girls	Intermediate Boys	Young Women	Young Men
50 Meters	Sidney Webb, 9.12, Chantilly VA 04/23/06	Marquise Wilson, 7.48, Leesburg VA 04/06/03	Erin Kelly 8.1 PG 02/2014	Mark Melbourne, 7.66, Heritage VA, 05/18/09								
55 Meters	Aniyah Jackson 9.2, Landover, MD, 12/19/2012	Jesse Gallo, 9.7, Landover MD, 1/18/10	Erin Kelly 8.6, Landover MD, 2/6/2013	Mark Melbourne, 8.1, Hagerstown MD, 1/4/2010	Cat Wyatt 7.8 PG Sports Complex 1/04/09	Mark Melbourne, 7.8, PG Sports Complex, 1/18/10	Cat Wyatt, 7.4, PG Sports Complex, Md. , 01/18/10	Miles Howard 6.6 PG Sports Plex 02/2013	Jazlyn Finney, 7.3, Landover MD, 02/26/06	Shane Savage, 7.3, Hagerstown MD, 12/30/05	Amanda Salami, 6.7 Landover , Md 02/19/13	Brian Dove, 6.38, Landover MD, 01/18/10
100 Meters	Sidney Webb, 18.32, Chantilly VA 04/23/06	Marquise Wilson, 14.06, Detroit MI, 07/30/03	Erin Kelly, 15.3, Mt. Vernon VA, 04/26/2013	Marquise Wilson, 14.03, Leesburg VA, 06/01/04	Kiara Pope, 13.4, Leesburg VA, 04/28/10	Nick Smith, 13.1, Landover, Md 06/05/09	Meghan Sullivan, 12.30, Langley VA 06/05/05	Miles Howard 11.52 McNamara 5/12/2013	Jessica Rolle, 12.4, Gaithersburg, Md 5/14/2009	Brian Dove, 11.2, Hampton, Va 07/11/10	Shaquera Leach Hampton VA, 12.1 06/24/10	Vincent Brown, 10.6, Langley VA, 07/13/09
200 Meters	Shalaya Fields, 35.8, Landover MD, 12/11/05	Marquise Wilson, 29.36, Detroit MI, 07/29/03	Erin Kelly, 33.1, Leesburg VA, 05/19/13	Mark Melbourne, 29.2, Arlington VA, 05/18/09	Britt Savage, 28.2, Charlottesville VA, 06/21/06	Darron Coley, 27.28, Charlottesville VA, 06/19/09	Jessica Rolle, 25.80, Hampton VA 06/08/08	Miles Howard, 24.02, Mt. Vernon VA, 05/12/13	Jessica Rolle, 25.2, Hampton VA, 6/26/2010	Emani Fenton, 24.54, Leesburg VA, 04/03/05	Shaquera Leach, 25.4, Hampton Va, 06/26/10	Adrian Vaughn, 21.84, Hampton VA, 06/26/10
400 Meters	Shalaya Fields, 1:18.6, Ft. Belvoir, 4/07	Beau Everett, 1:08, New Orleans VA, 08/05/11	Erin Kelly, 1:11, Lcharlottesville, Va..., 06/25/2013	Beau Everett, 1:04.6, Landover, Md 07/26/13	Sabrina Sokol, 1:09.6, Landover MD, 04/19/13	William Bray, 1:00.68, Hershey PA, 08/2000	Britt Savage, 59.1, Randallstown, Md. , 04/29/08	Rassaun Goldring, 56.1, Upper Marlboro VA, 07/13/09	Lamia Beard 57.9 Suffolk, Va. 07/2014	Adrian Thomas, 49.8, Upper Marlboro, Md 6/13/09	Shaquera Leach, New Orleans Va 54.2 08/06/11	Steven Graham, 48.7, Hampton, Va. 06/27/12
800 Meters	Alexandra Schoonmaker, 4:29.2, Leesburg VA, 04/18/04	Will Smagh, 2:54.64, Norfolk VA, 08/02/06	Erin Kelly 2.47 Landover, Maryland 3/2014	Andrew Hayden, 2:40.81, Hampton VA 6/19/04	Erin Kelly 2.42 Iowa 2:8/04/2014	Darron Coley, 2:27, Hampton, VA, 6/27/10	Rhonda Runion, 2:27.13, Hershey PA, 08/09/04	Emani Fenton 2:11.5, Ypsilanti MI, 07/29/2003	Rhonda Runion, 2:26.03, Hampton VA, 06/19/04	Christian Pelenda, 2:10, Hampton Va, 07/15/2012	Katie Moreno, 2:25.97, Sterling VA, 5/25/05	Darron Coley 1.56.1 Iowa 08/02/2014
1500 Meters	Lindsay Smith 6:08 Hampton, Va. 6/13/2009	Lorenzo Laurenzano, 5:13, Hampton, Va 07/19/12	Erin Kelly 5:39.14 Landover, Md. 3/2014	Andrew Hayden, 5:27.84, Hampton VA 06/20/04	Erin Kelly 5:36 Iowa 8/04/2014	Andrew Hayden, 5:02.91, Hampton VA, 06/11/06	Jackie Deffer, 5:18.00, Upper Marlboro Md, 07/13/09	Abdisamad Hassan, 4:16.61, Indianapolis IN, 07/31/05	Hannah Scheren, 5:20.63, Hampton VA, 06/11/06	Nate Folger, 4:13.7 Greensboro NC, 06/09/12		Nick McLaughlin, 4:12.60 Hoschton GA, 07/08/06
Mile * = 1600m		Lorenzo Laurenzano, 5:40 *, Gaithersburg , Md. 5/2014	Erin Kelly 6.22 Landover 2/2014	Andrew Hayden, 5:49.4 *, Hagerstown MD 12/30/04	Tori Panzica, 6:24.0, Reston VA 11/25/05	Andrew Hayden, 5:19, Ashburn VA, 06/02/06	Sabrina Sokol 5.40 Suffolk, Va.	Abdisamad Hassan 4:46.50 *, Hershey PA, 08/06/05	Hannah Scheren, 5:50.7, Langley, VA 5/29/05	Bobby Vance, 4:48.5, Winchester, VA 05/04	Katie Moreno, 6:08.0 *, Leesburg VA, 4/10/05	

3000 Meters	Lindsay Smith	Alex Smith,	Lindsay Smith	Andrew Hayden, 12:27.02, Greenbelt MD, 11/07/04 (Cross-county)	Maansi Mehta	Andrew Hayden, 11:46.1, Langley VA, 07/09/05	Maansi Mehta			Stephen Lassiter 10:40.0, Langley VA 06/05/05		
4x100			Karen Cassine, Shalaya Fields, Tatiyana Jackson, Ketelyn Jenses, 1:08.41, Norfolk VA 08/04/06	Kally Crocker, Eric Zuehsow, Shane Savage, Jonathan Morosini, 59.5 Charlottesville, VA 06/98	Dana McCann, Britt Savage, Karissa Love, Nia Hill, 59.40 Langley VA 06/05/05	Nana Darko, Ben Wacker, David McCarthy, Bryan McCarthy 54 secs, Charlottesville, VA, 06/03	Mikayla Johnson, Imani Tomlinson, Britt Savage, Jessica Rolle, 52.02, Hampton, 06/08/08	Antonio Cross, Mshon Pulliam, Shane Savage, Emani Fenton 50.0, 06/03	Kyannah Calhoun, Britt Savage, Lyntaria Richardson, Jessica Rolle 53.5	Karl Silverlock, Antonio Cross, Emani Fenton, Devon Brown, 46 secs, Landover MD. 06/04		Vincent Brown, Nick Vaughn, Adrian Vaughn, Aj Price 42.1 Greensboro, NC 6/5/08
4x400			Shalaya Fields, Tatiyana Jacson, Lenah Taylor, Karen Cassine, 6:30.52, Hampton VA, 06/11/06	Logan Smith, Christian Tolbert, Zach Kerns, James McCray, 5:28.70 Langley VA 06/05/05	Karissa Love, Britt Savage, Nia Hill, Tori Panzica 5:38.65, Randalstown MD, 05/07/05	Bryson Riddick, Ryan Thomas, Beau Everett, Garrett, 4:28.1, Norfolk VA, 07/19/12	Kiara Walker-Pope, Alexis Cherry, Adeja White, Blair Nagell 4.28 Gaithersburg, Va. 5/13/2010	Rassuan Goldring, Anthony Jackson, Luke Cowne, Anthony Cassine, 4:01 Hampton VA, 07/13/08		Paris Savage, Deion Merrit, Alex Merrit, Deante Yarborough Hampton, Va. 3.57.30	Jessica Rolle, Kayllin Simmons, Britt Savage, Shaquera Leach 3.50.2	Adrian Vaughn, Mason Smith, Brendan Evans, Corey McFadden, 3.29.99
4x800						Andrew Hayden, Matt Panzica, Logan Smith, Mark Newberry, 11:08.37, Hampton VA, 06/11/06			Hannah McLaughlin, Carolyn Smith, Rhonda Runion, Connor Fleming, 10:32.28, Hampton VA, 06/20/04	Abdiwahab Hassan, Stephen Lassiter, Jake Leahy, Nick McLaughlin, 8:49.0, Greensboro NC, 07/10/05		
High Jump			Katelyn Jensen, 3' 04", Landover MD, 02/26/06	Andrew Hayden, 3' 02", Langley VA 07/24/04	Sabrina Sokol Landover, Md. 4'2 5/2013	Ryan Thomas, 5' 2", Hampton VA, 07/9/11	Sabrina Sokol Landover, Md. 5'0 7/2014	Ryan Thomas 5'6 Iowa 8/14		Tyler Banks 6'2 Suffolk, Va. 6/2014		Tyler Banks 6'9 Suffolk, Va. 7/2014
Triple Jump								Maansi Mehta 33'0 7/2013	Maansi Mehta 35'0 7/2013	Sean Price, 42'8", Hampton, Va. 07/13/09		Sean Price, 44'8", Norfolk, Va. 08/05/10

Long Jump	Savannah Gaillard, 4' 7", Chantilly VA, 04/23/06	Nick Turner, 9' 0", Gaithersburg VA, 05/05/12	Lenah Taylor, 8' 6", Chantilly VA, 04/23/06	James McCray, 12' 3.25", Newport News VA, 06/17/06	Sabrina Sokol, 13'9", Landover MD, 05/13/2013	Ryany Thomas 12' 05.0", Chantilly VA, 07/09/11	Sabrina Sokol 15'0 Landover, MD 5/2014	Emani Fenton, 19' 11", 06/03	Maansi Mehta 16'9 Suffolk, Va. 7/2014		Jazlynn Finney 16'8" PG Sportsplex, Landover ,Md 02/23/07	Vincent Brown, 23'11", Landover,Md, 07/13/09	
Shot Put	Sidney Webb, 8' 6", Chantilly VA, 04/23/06	Jamir DeGree, 13' 9", Chantilly VA, 04/23/06	Katelyn Jensen, 15' 5", Landover MD, 02/26/06	Jared Vaughn, 22' 11" , Hampton, Va. 06/25/10	Victoria Kasonde, 18' 3", Chantilly VA, 04/23/06	Gavin Sullivan, 23' 02.0", Chantilly VA, 05/01/05	Nia Hill, 23' 4.5", Norfolk VA, 08/02/06	Andre Best, 29' 10", Chantilly VA, 04/23/06	Yohanna Gonzalez, 24' 10", Randalstown MD, 05/07/05	Sean Kelley, 22" 09.0", Chantilly VA, 05/01/05	Galissia Cause Blunt Invitational 41.5 06/11	Antonio Cross, 34' 8.5", Landover MD, 01/15/06	
Javelin				Andrew Hayden, 42' 03" , Langley VA 07/24/04	Charley Ann Krebs, 38' 0", Langley VA, 05/28/06								
110M Hurdles & 100G							Sabrina Sokol Suffolk 17.1 7/2014	Ryan Thomas 15.68 Suffolk, Va. 5/17/2014		Britt Savage 16.83 Hampton, Va. 6/27/10	Steven Fields, 16.69, Hampton VA, 06/08/08	Hali McFadgen 14.9 New Orleans, La. 08/05/11	Vincent Brown 13.89 Greensboro, NC 08/06/09
400 IHurdles										Britt Savage 106.2 Hampton, Va. 6/27/11	Deante Yarborough Hampton, Va. 103.5 6/27/10	Hali McFadgen 103.1 New Orleans, La. 08/05/11	Alex Merritt 55.06 Miami 5/2013
Hershey Broad Jump			Shalaya Fields, 5' 0.5", Leesburg VA, 05/07/06	James McCray, 6' 10", Falls Church VA, 06/10/06	Alexis Vaughn, 7' 8", Arlington VA, 6/05/09	Maansi Mehta , 8' 1", Leesburg VA, 05/19/12	Jessica Rolle, 7'11, Leesburg VA, 06/14/08	Deante Yarborough, 8'10", Arlington, VA. 06/05/09					
Hershey Softball Throw			Lenah Taylor, 55' 0", Leesburg VA, 05/07/06	Andrew Hayden, 104' 1", Sterling VA, 06/12/04	Hailey Smith, 145' 08", Hershey PA 08/07/04	Andrew Hayden 136' 10.75", Leesburg VA, 05/07/06	Hannah Sinclair, 75' 0", Leesburg VA, 05/07/06	Luke Cowne, 172' , Arlington VA, 06/14/08					