

ATHLETE & PARENT CODE OF CONDUCT

The staff of Loudoun Special Forces Track Club seeks to provide a stimulating training environment that we believe will result in a positive and enriching experience for you and your child. We encourage mutual respect in order that the above goals are obtained.

I. The following behavior is unacceptable while participating in Loudoun Special Forces Track Club training or competition, including, but not limited to, practice, in transit, and at the place where the competition is taking place:

1. Profanity or verbal abuse
2. Ridiculing teammates or members of other teams
3. Frequent unexcused absences
4. Exhibition of poor sportsmanship
5. Violent or disruptive behavior
6. Any unwelcome physical contact
7. Physical abuse*
8. Possession of harmful weapons*
9. Use of illegal drugs or any controlled substance*
10. Any illegal or socially unacceptable behavior which seriously disrupts or impedes the participation of athletes or others

****These offenses will result in immediate suspension from any Loudoun Special Forces Track Club activities while the incident is under review.***

II. We expect that parents and guardians will:

1. Prepare their child for practices, meets, and other Special Forces Track Club activities, by making it a priority to share and discuss the above athlete's code of conduct.
2. Adhere to the same behavior as described in part I.
3. Prepare your child to attend at least two-thirds of the practice sessions.
4. Inform the coaching staff of any issues relating to your child that may interfere with the day-to-day operations of the track club and subsequent training of your child.
5. Not interfere with the training methods of the coaching staff during practice times and during meets.
6. Discuss with the coaching staff any other training concerns.

- 7. Fully complete the registration process, including, providing proof of age, USATF registration number, parent, and emergency contact details, insurance and medical information, and full payment before your child can begin training. Exceptions to any of the above can only be made with previous permission from the Loudoun Special Forces Staff.

LOUDOUN SPECIAL FORCES TRACK CLUB REQUIRES ALL ATHLETES UNDERSTAND AND SIGN THE ATHLETE & PARENT CODE OF CONDUCT BEFORE TRAINING BEGINS. THE OPERATIONS MANAGER WILL RETAIN ALL SIGNED FORMS THROUGHOUT THE CURRENT SEASON.

Parents, guardians, and extended family are welcome at all practices and events.

Print Name (athlete): _____ Date: _____

Signed (athlete): _____ Date: _____

Signed (parent/guardian) _____ Date: _____